

Uphill Village Academy

Pastoral and Wellbeing Newsletter



Support for Families Update

Friday 9th September 2022

Bereavement and Grief Resources

Following the sad news last night of the passing of Queen Elizabeth II, we felt it would be useful to provide some resources to help and support our families.

Grief affects us in many different ways but it is important to remember that it can be helpful to talk about our grief and how we are feeling. Although our children may not be grieving for the Queen, it can be a trigger memories or emotions of someone they may have lost.

We hope that the following links to resources will be useful but if you need more support please contact us at:

learningmentor@uva.clf.uk

Winston Wish have provided the following link to a resource that can be used when talking to your children about the death of the Queen.

[How to talk to children about the death of the Queen | Winston's Wish \(winstonswish.org\)](https://www.winstonswish.org/)

Other links to resources you may find useful are:

<https://www.childbereavementuk.org/>

<https://www.winstonswish.org/>

<https://www.josephinesstar.org.uk/support>

<https://www.hopeagain.org.uk>



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