

Uphill Village Academy

Pastoral and Wellbeing Newsletter



Term 2 November 2022



Mrs Hetherington
EYFS and Key Stage 1 Support
Sensory Room



Mrs deScossa
Key Stage 2 Support
Star Room

learningmentor@uva.clf.uk

Our Pastoral team is here to:

Listen
Offer support
Promote positive behaviour
Identify the barriers to learning and to set targets
Offer encouragement, build self-esteem and confidence
Support with life challenges and changes

We are here for everyone in the Uphill Village Academy family - Pupils, Parents & Carers

In this edition:

- All Welcome Coffee Morning
- Roots - A Dads Networking Group
- New - 'My Family Coach' Website & App
- Bike Marking Event
- Weston Links Information



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Coffee Morning



Tuesday 15th November
9.00am

*Join our pastoral team for coffee
(and tea)*

*and find out how we can support you
and your family*

Preloved uniform will be on sale

Foodbank vouchers



We know that anyone can find themselves at crisis point for a number of different reasons.

If they feel you are struggling to put food on the table, we can organise E-Vouchers for you to use at the foodbank. Our service is confidential so please contact us if you need support.

Free school meals

Your child may be eligible for free school meals if you are in receipt of certain benefits such as Income support, Income-based Jobseeker's Allowance, Child Tax Credit (provided you are not also entitled to Working Tax Credit and annual gross income is £16,190 or less) etc.

If you think your child may be eligible for free school meals because of your income or circumstances, it is essential you apply. It is important, even for children who are already eligible for Universal Infant Free School Meals, as it also provides additional financial support from the school to help cover the costs of school trips, milk, school jumpers/cardigans and KS2 music lessons.

It is really important that if you think you might be entitled - claim!

Please contact the Pastoral Team for more information.



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ROOTS

Relationships, support options, opportunities and building stronger bonds together.

A six-week series of sessions to establish a network of fellow dads as well as build a toolkit for supporting children to be successful.

Looking at relationships, support options and opportunities as Dads, building stronger bonds together.

Sessions will also include practical help with accessing support and benefits from other organisations and at least one new skill session.

The next programme starts on Friday 11 November.

SESSION 1:

Friday 11 November 9am – 10:30am

SESSION 2:

Friday 18 November 9am – 10:30am

SESSION 3:

Friday 25 November 9am – 10:30am

SESSION 4:

Friday 9 December 9am – 10:30am

SESSION 5:

Friday 16 December 9am – 12pm

SESSION 6:

Thursday 22 December 10am – 12pm
(Children included)

COST:

£72.00 per person – funding application pending, if we can remove or reduce the cost we will.

Please get in contact with

s.morrison@elmtree-learning.org.uk to book a place to discuss the programme in more detail.

An Alternative Learning Provision committed to supporting children to be confident and successful in education.

Working with mainstream settings to facilitate intervention which leads to young people successfully transitioning back into mainstream.

Referrals being taken for children up to and including Key Stage 3.

Our programmes of support helps to reduce the learning gap and promote confidence and independent learning skills alongside a well-stocked behaviour toolkit for success.



Elmtree
Learning
Partnership

For more information please contact s.morrison@elmtree-learning.org.uk

Or visit us online at: elmtree-learning.org.uk



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MY FAMILY COACH

Powered by **TEAM TEACH**

If you need support, are looking for advice, or have a parenting question, you'll find everything you need at [MyFamilyCoach.com](https://www.MyFamilyCoach.com).

My Family Coach is a free website produced by experts in child behaviour, parenting, and education. They have over 20 years of experience working with schools to understand children's behaviour. The website is full of resources on popular parenting topics, such as screen time, bullying, and mental wellbeing. They have a wide range of blog posts, podcast episodes, and videos available, along with bookable 1:1 coaching, courses, and classes.

My Family Coach provides support when you need it most. It's simple to sign up and completely free to register.



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Get Your Bike Marked & Registered **FREE**



By Neighbourhood Police Team

Date Wednesday 16th November

Time After School

Location School playground

BikeRegister deters cycle thieves and reunites stolen bikes with their owners.
Working in partnership with all UK police forces.

www.bikeregister.com

[Facebook.com/BikeRegister](https://www.facebook.com/BikeRegister)

[@BikeRegister](https://twitter.com/BikeRegister) #BikeRegister



BikeRegister is a registered trademark of:



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What to do if you're worried about being homeless

If you are homeless, or worried about becoming homeless, you should contact North Somerset Council as soon as you can. Contact :

Homeless prevention team

Town Hall, Walliscote Grove Road, Weston-super-Mare, BS23 1UJ

Phone : [01934 426 330](tel:01934426330) or e-mail : HP.Triage@n-somerset.gov.uk

If you're worried about a rough sleeper, contact the StreetLink website
www.streetlink.org.uk

Can I get help with my energy bills ?

Although there have been changes recently you should still be getting help with your energy bills until next April.

Householders will see a discount of £66 applied to their energy bills in October and November, rising to £67 each month from December through to March 2023.

Winter Fuel Payment

The Winter Fuel Payment is a payment between £100 and £300 to help towards your winter heating bills. You may qualify for the Winter Fuel Payment grant if you were born on or before the 5th August and you receive the State Pension or another social security benefit.

You'll usually receive the Winter Fuel Payment automatically if you are eligible, but if you think you qualify and do not receive it, you will need to make a claim.

How do I apply?

If you have not had the Winter Fuel Payment before and believe you are eligible to receive it, you can call the Winter Fuel Payment Centre on 0800 731 0160.



Contact Step Change if you need help with debt.

Their website also has a lot of good advice and how to contact them if debt is a problem.

Go to [How Your Debt Advice Session Works. StepChange](#) for really useful advice



Looking after your children's mental health

For loads of practical advice go to :

<https://www.familylives.org.uk/uploads/attachments/how-to-build-resilience-and-emotional-health-in-children.pdf>



If you're raising a disabled or seriously ill child on a low income and receiving state benefits, Family Fund might be able to help with a grant. Go to <https://www.familyfund.org.uk/> to apply.

Christmas Jumpers



Our PTFA are taking donations of Christmas Jumpers, in good condition, to sell at the next uniform sale on Friday 2nd December

If your child has outgrown their Christmas jumper you could donate it ready for other children to be able to participate in Save the Children Christmas Jumper day on Friday 9th December.

Please dig around in those drawers & find your child's old Christmas Jumper!

Thank you



At Uphill Village Academy we are vigilant in keeping children safe from harm and are committed to safeguarding all our children. All adults, including staff, parents, and governors, have a responsibility to safeguard children; any concerns, no matter how small, should be shared with the Safeguarding Team in confidence. Feel free to contact the school office to arrange a meeting or email us at safeguarding@uva.clf.uk

Safeguarding Team

Designated safeguarding lead	Mrs Hodder	Principal
Deputy designated safeguarding lead	Mrs Tinker	Assistant Principal
Safeguarding Team	Mrs deScossa	Learning Mentor
	Mrs Hetherington	Early Years Specialist
Academy Council Safeguarding Link	Mr Shane Hawkings	Academy Council Chair