

Uphill Village Academy

Pastoral and Wellbeing Newsletter

July 2024



Principal:

Mrs Samantha Hodder

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Message from the Pastoral Team

Where has this school year gone?!

It only feels like yesterday we were welcoming all the pupils and families back to our Uphill community and settling everyone into their new classes.

In the blink of an eye, we are about to say goodbye to our year 6 pupils as they embark on a new adventure as well as welcoming our new families.

This newsletter will share what we have achieved pastorally over this academic year, along with some changes for next year.

We have also included information for you and your children to help our families over the summer holiday period.

The pastoral team would like to wish you all a great summer holiday and we look forward to welcoming you back on Wednesday 4th September 2024.

With regards

Mrs de Scossa and Mrs Hetherington

learningmentor@uva.clf.uk

Our Pastoral team is here to:

- Listen,
- offer support,
- promote positive behaviour,
- identify the barriers to learning,
- offer encouragement,
- build self-esteem and confidence
- support with life's challenges and changes.

We are here for everyone in the Uphill Village Academy family - Pupils, Parents

Pastoral Team from September

From September, the Pastoral Team at Uphill Village Academy will look a bit different.

For the last 18 months, as well as working at Uphill, Mrs Hetherington has carried out a role for the CLF Trust as Wellbeing Co-ordinator one day a week. From September, her role in the Trust will increase to 3 days. Mrs Hetherington will continue with us 2 days a week as a HLTA and will no longer be part of the pastoral team in the same capacity as she is now.

Mrs de Scossa will continue in her role as Learning Mentor, supporting pupils and parents/carers Monday-Thursday. She will also remain part of the Safeguarding and Attendance teams.

Mrs Hood will take over the mental health lead role within school.

We believe that supporting the positive mental health of our children, staff and parents is of upmost importance and Mrs Hood will continue to raise awareness of this throughout the year.

Mrs Allsopp will become Vice Principal and she will be leading the Pastoral team.

Please speak to us if you have any concerns or worries/life events that you or your child(ren) would like support with.



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Emotional Support Literacy Assistant (ELSA)



This year we have supported a large number of children with their emotional literacy skills; helping them to develop skills that can be transferred into all aspects of their life.

We have had lots of positive feedback from parents and teachers, which has been lovely, but the most rewarding part is seeing pupils thrive and develop in the areas that have been supported.



This terms sessions will come to an end this week and pupils will receive a certificate for their participation. Well done to all pupils that have worked with Mrs Hood and Mrs de Scossa.

We are very excited that Mrs Beal has completed her training as an ELSA and, from September, will join the team in supporting groups of pupils in fortnightly ELSA sessions. The sessions help support pupils with managing their own and others emotions, their friendships, their transition through school, developing appropriate social skills and much more.



If your child has been referred within school for some ELSA support, we will contact parents and carers in the new academic year to discuss this. However, if you feel your child could benefit from some support please email us at learningmentor@uva.clf.uk

Mental Health Support

We are very lucky to have secured Karen, an Educational Mental Health Practitioner (EMHP), to continue to work with us one day a week in the new academic year.

The mental health support team is a partnership between OTR and CAMHS working within educational settings. To find out more visit their website

www.otrbristol.org.uk/what-we-do/mhst/

Mrs Hood will lead on Mental Health Awareness across the Academy, supported by the CLF Trust and also our Mental Health First Aiders. In general, the role of a Mental Health First Aider is to be a point of contact those experiencing a mental health issue or emotional distress. This interaction could range from having an initial conversation through to supporting them to get appropriate

Off The Record



Off the Record Bristol (OTR) is a mental health social movement by and for young people aged 11-25 across Bristol and South Gloucestershire.

Off the Record are offering drop in sessions to support pupils age 11 and above with any worries or concerns.

Over the summer, there will be a transition focus to support the move between primary school and secondary school.

This will be held at Castle Batch Community Centre, every Wednesday 3.30pm-5.30pm throughout the holidays.

Please feel free to drop in or visit their website

<https://www.otrbristol.org.uk/>

Mrs Hetherington

Mrs Hodder & the Pastoral team would like to say a special thank you to Mrs Hetherington for all her time, hard work and commitment to the Pastoral Team over the last few years.

We are really pleased that she will still be part of the Uphill Team in a teaching capacity but we will miss her invaluable knowledge and commitment to our families.

Good luck in your new role Mrs Hetherington.

Safeguarding over the Summer

At Uphill Village Academy we are vigilant in keeping children safe from harm and are committed to safeguarding all our children. During summer break we will continue to offer safeguarding support to our families.

If you have any concerns, please email us at safeguarding@uva.clf.uk These emails will be checked periodically throughout the holidays.

Our DSL is Mrs Samantha Hodder.



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Kindness ambassadors

This year we signed up to 52 Lives Kindness to be a school of kindness.

The pupils voted to elect a Kindness Ambassador for each class and we have raised awareness of kindness across the school community.

The ambassadors have been thoroughly engaged and through their discussions came up with lots of ideas for how to share & celebrate kindness throughout our school.

We are delighted to let parents know that we have received an award for the work we have done this year and we will continue this pledge into the next academic year. Look out for Kindness certificates and updates on our 'X' (formerly known as Twitter) account.



Foodbank Vouchers

Foodbank vouchers



With the holidays approaching, it can be a worrying time.....Let us help you

We can organise e-vouchers for you to use at the foodbank.

It is very quick and easy to do and completely confidential

If you require assistance over the summer holidays, please contact us by email at learningmentor@uva.clf.uk

Please let us know the age of everyone that lives in your household and any allergies in the family. We can then complete the referral on your behalf.

Young Carers

We have a small group of young carers in our school and we meet termly to get together, share our thoughts, feelings and individual stories but most of all to have fun. This year we have played lots of games, created a display board, shared our emotions around being a young carer, met others and listened respectfully to their stories as well as keeping stories shared confidential to our group. We have made lots of yummy and creative things to eat and take home.

Pupils are considered to be a young carer if they live with a family member who has a long-term medical condition (physical or mental). They do not have to 'care' for this family member but research shows that living with a family member with a medical condition has an impact on a child's life, both positive and negatively, and we would like to have the opportunity to support them and give them time for themselves and to make them feel special.

Our young carers group is run by Mrs Hood and Mrs de Scossa; please speak to them or email on learningmentor@uva.clf.uk if you feel your child is a young carer and would like them to join the group.



What's on Over the Summer

Visit WSM official tourism information site for full details of what's on locally over the summer

<https://www.visit-westonsupermare.com/whats-on/searchresults?sr=1&rd=on&anydate=yes>



July 31 @ 10:00 am - 12:45 pm

Pick and Mix Crafts Workshop

Weston Museum Burlington Street, Weston-super-Mare, Somerset, United Kingdom

£5.00



July 27 @ 10:00 am - 4:00 pm

Axel Scheffler: A Life in Illustration

Weston Museum Burlington Street, Weston-super-Mare, Somerset, United Kingdom

Free



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Kids Eat for Free or for £1

Lots of cafés and restaurants are offering their 'Kids Eat Free' program again during the summer holidays. See the list below for details.



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE SUMMER HOLIDAYS 2024



moneysavingcentral.co.uk/kids-eat-free

LAS IGUANAS

Join 'My Las Iguanas' via the App & Niños eat free with every adult main

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase an adult's main meal (App needed)

PUREZZA

Children under the age of 10 get free pizza at Purezza with every adult meal purchased

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

IKEA

Kids get a meal from 95p daily from 11am

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

TESCO CAFES

1 Free Kids meal with every 60p Spend. Available from July 1st Scotland and NI - from July 22nd England & Wales

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

YO! SUSHI

From Monday 1st July - Friday 30th August 2024, kids eat free all day Mondays to Fridays at YO! Sushi (min adult spend £10).

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

COCONUT TREE

One child (aged 10 and under) eats free per paying adult. Valid Daily, 12pm - 6pm from Monday 22nd July to Friday 6th Sept 2024.

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.

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