

A good time to talk



If you spend a little time each day talking with your child. It can make them feel like you take them seriously.



Don't try to have a serious talk just before bed time. They'll be too tired.



Some children don't stop talking once they've started. It might be because they have a lot of problems.

Try to make time to talk through all their problems with them.



Some children don't want to talk - but would rather do something with their parent - like play a game or cooking.



Don't worry if they don't say much. It helps knowing that the parent is willing to listen.

For more information

This resource is part of the MindEd online learning site. For more information please contact:-



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