

School Health Nursing Service

01934 419339 Monday to Friday 8:30am – 5pm



- The School Health Nursing Service – Provide public health services to children 5-19 years across North Somerset.
- As a service we aim to deliver the Department of Health’s Healthy Child Programme 5 – 19 years. The programme sets out a good practice framework for prevention and early intervention to bring together health and education
- <https://www.gov.uk/government/publications/healthy-child-programme-5-to-19-years-old>
- In readiness for starting school parents will receive electronic information and useful sign-posting links about the services we offer, which includes a health questionnaire. The questionnaires are triaged by the school nurses and support is provided where required.



National Child Measurement Programme (NCMP)

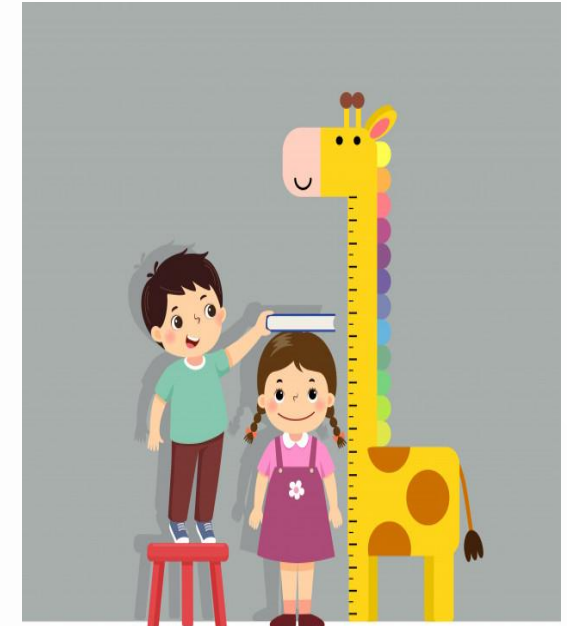


- The National Child Measurement Programme aims to gain a better understanding of children's growth by collecting information from across the country to help develop services that can support children and parents in choosing or maintaining a healthier lifestyle.
- We do not share the measurement result with the young person or the school. However the results are submitted to Public Health England NCMP database (NHS digital). The National Child Measurement Programme requires both height and weight to be completed (we will not be able to do just one).
- If your child is in reception they will also be offered Vision screening as well as NCMP. If you opt out of either your child will not have Vision screening or NCMP.
- If you need further support with the electronic form or if it is needed in an alternative format please contact the School Health Nursing Service.



National Child Measurement Programme

- All parents/ carer will be given the option to Opt out their child from the screening process, with a set date to return the forms to the School Health Nursing Service.
- This screening is carried out in small groups, children are fully clothed only being asked to remove their shoes.
- Results will be sent home to parents / carers after completion.
- The National Child Measurement Programme letter will be sent in the post. This will identify which category your child is in (underweight, healthy weight, overweight or very over weight) according to their BMI.
- <https://www.gov.uk/government/collections/national-child-measurement-programme>
- The School Health Nursing Service is contactable 08:30am-17:00pm Mon-Fri Tel: 01934 419339 or email: nsomerset.schoolnurses@nhs.net if you wish to discuss any health concerns.



Vision screening

- Vision screening can identify problems early on and is offered to all children in reception
- This is completed in small groups in school
- Results are sent home to parents / carers
- Parents / carers can opt out of this test if required
- If there is further assessment needed the School Nurses with your consent will refer and sign-post your child to the Ophthalmologist or suggest booking an appointment with your local Opticians.
- https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/653434/vision_screening_parent_leaflet.pdf
- **Did you know all children are entitled to a free NHS eye test once a year?**



Some final thoughts about child health

- The School Health Nursing Service have a referral form that is accessible on the CCHP website or contact us on
Tel: 01934 419339 Email nsomerset.schoolnurses@nhs.net .
<https://cchp.nhs.uk/cchp/clinicians/school-health-nursing-referral>
- Resources regarding **behaviour, sleep, emotional well-being and other health issues** can be found on the CCHP website link below <https://cchp.nhs.uk/cchp/explore-cchp/school-health-nursing/school-nursing-information-resources>
- Parent/Carer webinars are also coming soon...
- All children are entitled to **free NHS dental checks**.
- Encourage your child to clean their teeth twice a day.
- If you have any immunisation queries please contact
Tel: 01275 373104 Email: sirona.sch-imms@nhs.net

